

A BIG THANK YOU FROM ANDERSON NEWS

We would like to thank all our customers for their patience and understanding during the recent floods. Even though we tried our hardest to get papers delivered to the shop on Saturday and Sunday it proved impossible because of the problems encountered by our suppliers in Carlisle who, we can assure you, also tried their hardest to supply ourselves and other newsagents in the Penrith area. We do realize that it must have been an inconvenience to most of you, but your good wishes helped us to open as usual and provide the best service we could under the circumstances.

On a personal note, we would like to express our gratitude to the people who came to our aid in the middle of the night (braving the most awful weather conditions) which undoubtedly ensured that our loss of stock and personal possessions was greatly reduced. We were also overwhelmed by the number of customers and friends who offered assistance during this period, and also to Penrith Fire Brigade who managed to wake us up (eventually!)

David, Beverley and Daniel

Tiny Tots Day Care

Fully registered childminder has vacancies for children aged 0+, fulltime or part-time. I have a large secure back garden with a selection of toys suitable for all ages. I have a purpose built indoor play and learning area with a selection of activities for children of all ages. A sleeping area for young children is also available. Meals are all home-cooked by a fully qualified chef. If you are interested please give me a ring to arrange a suitable time for you to come and have a look at the facilities available or come along to the

**OPEN DAY Sunday 27th February
from 1.00pm onwards**

Susan Atkinson telephone 07939821042
10 Croft Avenue, Shap, Penrith, Cumbria. CA10 3NR

SHAP PARISH COUNCIL ARE CONTINUALLY STRIVING TO SORT OUT THE PROBLEM OF DOG FOULING IN OUR VILLAGE. THERE HAVE ALSO BEEN SEVERAL REPORTS FROM OUR LOCAL FARMERS THAT THIS PROBLEM IS NOW BEGINNING TO THREATEN THE HEALTH OF THEIR SHEEP. IF THE DOG EXCREMENT IS INGESTED BY THE SHEEP, IT CAN CAUSE DAMAGE TO THE LIVER WHICH RESULTS IN THEIR EVENTUAL DEATH. WE MUST MAKE SURE THAT WE DO NOT ABUSE THE PRIVILEGE OF WALKING OVER THE FIELDS AND MUST PLEASE ASK ALL DOG OWNERS AGAIN TO MAKE SURE THAT YOU CARRY A PLASTIC BAG AND PICK UP AFTER YOUR DOG. AS FAR AS THE PLAYING FIELD IS CONCERNED PLEASE CONSIDER THE FOLLOWING GUIDELINES:

ATTENTION ALL DOG OWNERS

SHAP PARISH COUNCIL WISH TO ADDRESS ALL DOG OWNERS WHO USE THE PARK.

WE STILL HAVE A SERIOUS PROBLEM WITH DOG FOULING CAUSED BY IRRESPONSIBLE DOG OWNERS WHO ARE ALLOWING THEIR DOGS TO RUN AROUND AND FOUL ON THE FIELD.

KEEP THEM ON A LEAD

KEEP YOUR DOG ON A LEAD WHEN IN THE PLAYING FIELD.

USE THE FOOTPATH

ALL DOG OWNERS MUST STICK TO THE PUBLIC FOOTPATH AT THE TOP OF THE PLAYING FIELD WHEN WALKING THEIR DOGS, THE FOOTPATH RUNS PARALLEL TO THE RAILWAY LINE.

MAJOR HEALTH HAZARD

THE PROBLEM OF DOG FOULING IN PUBLIC PLACES CAUSES A VERY HIGH HEALTH RISK TO CHILDREN, IF THEY COME INTO CONTACT WITH ANY EXCREMENT FROM DOGS IT COULD BE AS SERIOUS AS BLINDNESS.

RESPECT

THIS PROBLEM IS BEING CAUSED BY ONLY A FEW DOG OWNERS IN THIS VILLAGE WHO SEEM TO HAVE VERY LITTLE RESPECT FOR THE OTHER PEOPLE WHO USE THE PLAYING FIELD. ALLOWING YOUR DOG TO FOUL IN THE LONG GRASS IS JUST AS BAD AS ALLOWING THEM TO FOUL THE MAIN PATHWAYS.

OTHER PROBLEMS

THE JUNIOR FOOTBALL TEAM HAS BEEN THREATENED WITH EXPULSION FROM THE LEAGUE AS THE VISITING TEAMS WILL NOT PUT THEIR CHILDREN'S HEALTH AT SUCH A RISK.

EVERY TIME A CRICKETER, FOOTBALLER OR A CHILD ON THE PLAYING FIELD PICKS UP A LOST BALL PLEASE MAKE SURE THIS IS ALL THAT THEY ARE GOING TO PICK UP!!!!!!

PLEASE COLLECT IT AND BIN IT!!!!!!

THANK YOU
SHAP PARISH COUNCIL

SHAP PARISH COUNCIL

It is proposed to hold an inquiry into the recent flooding, hopefully with representatives of the various agencies involved.
Possible date Monday March 7th. See village notice board or library for confirmation. All interested welcome to attend

If you help to look after someone who is sick, frail or disabled

..... Shap Surgery would like to know.

According to the 2001 Census, there are 145 of you in Shap, including 28 who spend 50 or more hours a week giving care. Caring can have long-term effects on people's lives, especially their health. New legislation means the NHS has a duty to identify all carers, and make sure their needs are considered alongside those of the person they care for. Broken nights, back problems, high blood pressure, anxiety and exhaustion are common problems that the Surgery needs to know about. The team is working with Eden Carers, who can offer confidential support and health information. This can help make life easier for both carer and cared for. You may be entitled to claim extra benefits, or arrange for some respite time. Or you can learn safe ways to help people with mobility, manage difficult behaviour, or just how to relax.

If this applies to you, please tell someone at the surgery on your next visit.

Youth Club Lottery Winners

December 3rd

£100 Vivien Mandle
£50 Louise Tinkler

December 31st

£100 Liam Richardson
£50 Rita Walkden

If you would like to join please fill in the slip below and leave it at the Paper Shop or Shap Library and we will get back to you.

Cost 50p per week. £100 and £50 prizes every four weeks.

You've got to be in it to win it!

.....
I/we would like to join the lottery.

Name.....

Address.....

Telephone no.....

FREE ADULT GUIDANCE - CONNEXIONS CUMBRIA

For free information on Careers, Returning to Work or Training
Come and chat to Pauline Calkeld at the CDC
Wednesdays 23rd February & 23rd March 7.00 –8.30 pm
(use infants entrance at the school)

School Lottery Winners

19/11/04 Lisa Nobbs 3/12/04 Mrs M Iveson
17/12/04 Dave Anderson 31/12/04 Andrew Wood

The Governors of Shap CE Primary School require a Clerk to the Governing Body

The Clerk supports the governors by attending 6 full governing body meetings and 6 agenda setting meetings each year, writing minutes and circulating papers. There is also a small amount of administration involved.

Salary £600 per year. Training & support provided.
Please contact Jean Wildish 01931 716147 for details.

Closing date for applications 21st February 2005

SHAP SWIMMING POOL

Shap swimming pool committee would like to thank Edna Brown who raised £320 in a sponsored swim for the Shap pool and also with Christine Pelmore who raised £170.

Thanks also to Carlisle and Penrith area of The Hound Trailing Association and Friends of Wasdale for the donations, also John Lewis Junior for all his help.

Shap Swimming Pool Committee

Are having a

Quiz Night

26th February

8.00pm

The Crown Inn

4 people in a team. £2 each person Raffle

Shap Community Development Centre

IT COURSES

LEVEL 1

Introduction to Spreadsheets Tues 1st March 7 - 9.30pm 4wks

LEVEL 3

Advanced Diploma (Level 3) Thurs 13th January 6.30 - 9.30pm 40wks

Master more word processing and spreadsheet skills and apply them to practical situations.

IT COURSES STARTING AFTER EASTER – evenings

Introduction/Refresher Desk Top Publishing – 2 sessions

Desk Top Publishing Level 2 – 8 sessions

European Computer Driving Licence Level 2

Wed. night is LEARNDIRECT and OPEN ACCESS night 7 - 9.00pm

Enrol on a Learndirect course at Shap CDC and then complete the course in your own time at home, at work or at the CDC. Many courses are **FREE**.

Drop in at the CDC (use Infant Entrance at Shap School) to see what is available

Mondays, Wednesdays, Fridays 9-11.30 am (term time only),

Wed 7– 9.00pm . Other times by arrangement.

Tel. 716447 or email: cdc@shap.cumbria.sch.uk

OTHER COURSES

Keeping Up With The Children KS1 Literacy Wed 9.15 - 11.15am 6wks

Jazz Dance Thursday (term-time) 5.30 - 6.30pm

Improve your Maths for Adults FREE Monday 7- 9.00pm

Indian Head Massage Tuesday 15thFeb 7 - 9.00pm 5 wks

Adobe Photoshop Elements 2.0 Tuesday 12th April 4.30 - 6.30pm 5 wks

Digital Photography to be confirmed

FREE Open University Tasters

Investigating Family History Sat 12th March 2- 4.00pm

Study of Mammals date to be confirmed

Understanding Children date to be confirmed

SHAP AND DISTRICT COMMUNITY FIRST RESPONDERS

C/O THE MARKET CROSS, MAIN STREET,
SHAP, PENRITH, CUMBRIA CA10 3NL

I am writing to you with regards to an exciting new venture that we are trying to set up in your area. A group of local volunteers are in the process of launching the Shap and District First Responder team.

You may not know this but Cumbria is one of the largest areas in the UK but has the second smallest ambulance service with currently only 25 Ambulances in service. The community First Responders are a team of local people volunteering to work alongside the Cumbria Ambulance Service, to assist in emergency call outs to patients who are experiencing breathing or cardiac problems. This could be anything from chest pain to unconsciousness or full cardiac arrest, and as in all of these cases, the patient will need the quickest available help. A patient in Cardiac arrest can decline by 10% every minute.

All members of the First Responder team will be fully trained and certificated by a paramedic from the Cumbria Ambulance service in all areas of Cardiac assistance including the safe use of a defibrillator and administration of oxygen. The Ambulance service will supply each team with the basic equipment, and the British Heart Foundation have kindly offered to cover half the cost of a Defibrillator.

We still now have a problem, we feel that this project will have a large impact on local people and business and may even cover work for local employees, but in order to get this team up and running within our target time of 6 months we need your help. We estimate that we need to raise in excess of Ten Thousand Pounds, and any financial support would be most gratefully welcomed. Thanks to your contributions, help to save lives could be just around the corner.

An information sheet giving further details from the Ambulance service is available from us so please let us know if you would like a copy.

If you have any further questions please do not hesitate to contact us at the above address or on tel number 01931 716743.

Ms Nicky Howe - Secretary

CC Keith Taylor - Chairman

CC Arthur McAleese - Fund Raiser

HISTORY IN HOUSES (AND HOSTELRIES) by Jean Scott-Smith

No 19 - The Greyhound

This well known building was not originally in Shap, but formed part of Brackenber Township, a settlement quite separate from the main village. In the next issue I will describe this area more fully.

The Greyhound bears a date stone bearing the initials *AW and WW with the date 1703* and a crude greyhound above the arched window, however there are earlier dates within the building. On the bar fireplace are the initials *A W and date 1696*, whilst in the kitchen on the fireplace are the initials *W above R A August the 27 1680*, the latter of these is a marriage stone as it bears a specific date. The W stands for Whinfell (or Whinfield). The family crest incorporates three stags heads and a greyhound or *talbot*. This no doubt being reason for the greyhound on the date stone and the name of the hostelry. The recent removal of render from the outside of the hotel has exposed the ancient stonework, and it is clear to see how the building has been enlarged and altered over the centuries. Originally a private dwelling, the Whinfells are recorded as living at Brackenber in the 16th century; one named Richard being born about 1500, his son was vicar of Shap in 1574. The internal date stones refer to Richard (who died on 1694), and his wife Anne, their son named William is the person whose initials appear on the external stone, together with those of his widowed mother.



The inn evolved into a prosperous coaching inn with an archway (open until the early 1960's) leading into a yard where there were stables and at least one cottage, the mounting block of Shap Granite slabs, the delight of many a local child who would climb them to

either jump or be swung down from the top. On the opposite side of the road is a coach house, which had a loft above for accommodating coachmen; this room accessed by the steps was used until the 1980's by the Catholic worshippers.

The hotel is currently owned by Derrick Newsome and Keith Taylor, who have maintained the ancient tradition of warm and friendly hospitality.

SHAP PLAYGROUP		
Please support your local Playgroup		
<u>MONDAY</u>	<u>9:15-11:15 am</u> 3-5 YRS ONLY Play Leader Supervision	<u>1:15-3:15 pm</u> FAMILY SESSION 0-5 YRS
<u>TUESDAY</u>	FAMILY SESSION 0-5 YRS	3-5 YRS ONLY Play Leader Supervision
<u>WEDNESDAY</u>	FAMILY SESSION 0-5 YRS	BABY SESSION 1st - 3rd Wednesday 0-7 months Baby massage 0-1 year Baby session
<u>THURSDAY</u>		FAMILY SESSION 0-5 YRS
<u>PRICES FOR THE PLAYGROUP SESSIONS</u>		
9 mths - 1yr:	£1	
1-3:	£2	
3-5:	£2.60 (child is able to be left under the supervision of the Playleader)	
TEA/COFFEE: 40p		
BABY CLUB		
1ST & 3RD WEDNESDAY, IN SHAP PLAYGROUP (behind the library)		
Run by Fiona Sim (Health Visitor)		
1.00 - 1.45 pm	Baby Massage Session for babies from birth to 7 months.	
1.45 - 3.00 pm	Baby Session for babies from birth to 1 year.	
	Older siblings also welcome.	
A chance to meet other new mums (or dads!) to share experiences and socialise, to chat to the health visitor or have your baby weighed. No charge.		
CHILD HEALTH CLINIC at the surgery will be on 2nd & 4th Wednesdays 1 - 3 pm.		
For further information contact Fiona Sim 01768 362378		
Shap Local History Society		
February 28th	Members Evening Jean Jackson ~ Mardale Families Tony Smethurst ~ Slides	
March 21st	Packhorse Days and Packhorse Ways Janet Niepolojzycka	
Green Room 7.30 pm	Visitors welcome	£2 per meeting

Children are welcome at any service at St Michael's. During Holy Week the Good Friday walk and the Service of Light have special appeal for our young people. Children are welcome to the Maundy Thursday meal but must be accompanied by an adult.

CHILDREN'S ACTIVITY DAY
St Michael's Church
Saturday 12th March
10am - 12 noon
Easter Story .. Drama .. Traditions

St Michael's Sunday Club

We meet every Sunday at 15 Church St. Shap 10 am -12. Our ages range from 3 - 63 and new members are always welcome. Each week we open with a prayer, and after our activity we go to church for the last 15 minutes or so of the service to receive a blessing, sing a hymn and show everyone what we have been doing that morning. Once a month we go to the family service together.

Here is our activity list for the next 3 months.

Feb 6th	Design a monster, family service
Feb 13th	Video and Valentine cards
Feb 20th	Cookery –Buddhist fortune cookies
Feb 27th	Gift for mum
March 6th	Planting seeds, family service
March 13th	Easter story and card collages
March 20th	Cookery –Jewish challah
March 27th	Painting eggs
April 3rd	Planning next week, family service
April 10th	Parish Lunch
April 17th	Video
April 24th	Passover Party

**ST MICHAEL'S
COFFEE MORNING**




**Saturday
5th February
10.00 am**

The Hermitage

**SHROVE TUESDAY
FAMILY SOCIAL**

**Tuesday
8th February
6.30 - 8.30 pm**

Shap Memorial Hall



**Games
Pancakes**

Highlights Rural Touring Scheme

‘The Baghdaddies’

**Friday 11th February
Shap Memorial Hall
8.00 pm**

Tickets: tel. 01931 716273

An eclectic fusion of East European gypsy songs, traditional Klesmer and Middle Eastern melodies with a touch of Jazz, Reggae and Ska for a truly funky sound. This combination makes for an evening of music guaranteed to get an audience on their feet dancing.

VILLAGE DIARY

FEBRUARY

Saturday 5th	10.00am	Coffee Morning	The Hermitage
Tuesday 8th	6.30 - 8.30	Family Social	Memorial Hall
Tuesday 15th	7.30pm	W.I.	Green Room
Thursday 17th	2.00pm	Mothers Union	
Monday 28th	7.30pm	History Society	The Green Room

MARCH

Saturday 12th	10.00 - 12.00	Activity Day	St Michael's
Tuesday 15th	7.30pm	W.I.	Green Room
Thursday 17th	2.00pm	Mothers Union	
Monday 21st	7.30pm	History Society	The Green Room
Friday 25th	12.00pm	Good Friday walk	St Michael's

Claiming Dates

April 23rd	St George's Day Family Barn Dance
May 28th	The Hermitage Plant Sale
June 17th	Vicar's Auction.
July 24th	Open Gardens
August 1st to 5th	St Michael's Holiday Club
August 6th	Ice-cream Saturday at Vicarage.
August 20th	Village Flower Show
September 10th	Vicarage Garden Fete
October 31st	Halloween Social
November 25th	Christmas Fayre.

STOP PRESS - VITAL VILLAGES PROJECT

Copies of the Shap Parish Plan, compiled as a result of this project will be available for anyone to view at the Market Cross, the Library and the CDC from mid-February

SHAP WI.

Tuesday 15th February 7.30 pm Green Room
Mrs Carole Bramley with her South African slides.
All are welcome. Entry £2. Raffle and Bring & Buy

WOMEN'S WORLD DAY OF PRAYER SERVICE

Friday 4th March 2.00 pm Methodist Church
All are welcome to this interdenominational service. This year the service has been compiled by the Christian women of Poland and the theme is 'Let our light shine'. The speaker is Rev Carole Marsden.

CHURCH NEWS

METHODIST CHURCH

Morning Service 10.30am every Sunday (except 6th March - see below)
March 4th 2.00pm Women's World Day of Prayer service

ROMAN CATHOLIC CHURCH

Mass 12.30pm every Sunday in the Methodist Chapel

ST MICHAEL'S CHURCH

Holy Communion 8.30am Wed and on major Festival days
Morning Prayer 8.30am Tues and Fri, also Mon & Thurs during Lent
Service in Wasdale 2.00pm last Thursday of month
Parish Eucharist 11.00am Every Sunday except 1st of month
Children's /family service 11.00am Usually first Sunday of month
Feb. 6th Candlemas 11.00am Candle-lit service.

Bring someone or something special to church

Mar 6th Mothering Sunday 11.00am Posies and cards. **Joint Service**

Apr 3rd Family Service 11.00am

Sunday Club 10.00am at 15 Church Street (see over for details)

LENT BEGINS ON FEB. 9th .. Why not do something different this year?

'Tales from the Madhouse' - Get to know something about the people of Eastertime, Tuesday at the vicarage starting Feb 15th.

Come at 12.30pm to share simple lunch.. then video and fellowship. Home by 3 pm.

Decisions, Decisions. A simple easy to follow course to provoke thoughts for today.. Thursday starting Feb. 10th if you wish to share a meal meet 6.30pm.. if not come at 7.30pm.. First session at Brackenber Lodge.. Sue Baldham's home.

Diary for Holy Week

March 20th Palm Sunday .. Procession of palm crosses etc. No sermon, dramatic reading of the Easter Story instead .. anyone who wishes to, may take part.

March 23rd Holy Communion at 8.30 am Home communions for the housebound. Children meet to make the Easter garden at 10am

Maundy Thursday Wasdale service at 2pm

Maundy Thursday meal and service at 5 pm

This service takes place at the table as we recall Jesus at the last supper.. Service and meal lasts about an hour and a quarter. This is followed by a vigil for anyone who wishes to take part

Good Friday Meet at St Michael's for our annual Good Friday walk via Shap Abbey, Keld and back to the Methodist Church.

Saturday Service of Light at 6pm.. We bring in the Easter light, bless the Easter garden and renew baptism vows - short service all by candlelight.

Easter Sunday at 11am .. A celebration service of the risen lord.

There will be no midweek service during Easter week.