

## SHAP MEDICAL PRACTICE

Peggy Nut Croft, Shap, Penrith Cumbria CA10 3LW  
Tel. No 01931 716230 Fax. No 01931 716231

### SURGERY TIMES

8.30 am - 6.30 pm Mon/Tues/Wed/Fri  
8.30 am - 1.00 pm Thurs

Surgery times may vary during holiday periods. The surgery is closed on public holidays and for Protected Learning Time sessions for staff training.

### Emergency arrangements

In an emergency please contact **CHOC on 03000 247 247**

### Telephoning for Results

Please phone for the results of tests or investigations between 2 and 3pm, one week after you have had them done.

### Ordering medication

In addition to handing in repeat prescriptions at the Surgery you can now order medication on our website, just go to [www.shapmedicalpractice.co.uk](http://www.shapmedicalpractice.co.uk)  
You must still allow 2 full working days notice.

### CHILD HEALTH CLINIC

At the surgery will be on 1<sup>st</sup> and 3<sup>rd</sup> Mondays 1 -3 pm.  
For further information contact  
Jacqueline Larner, Health Visitor on 017683 54964

## **Don't wait – book your flu vaccination NOW**

If you are aged 65 or over or suffer from chronic disease (such as heart, lung, liver, kidney or neurological disease) have diabetes, a weak immune system or if you are pregnant then you may be more at risk from flu. Your GP may also recommend vaccination in other clinical situations. We have planned our clinic dates at various times of the day to make it easier for you to attend when it is most convenient. You will also receive a letter asking you to make an appointment for your vaccination if you fulfil the required criteria.

### CLINIC DATES AND TIMES

**Flu clinics between 1.30pm and 3.00pm will be held at Shap on:**

Monday	3 <sup>rd</sup> October
Friday	7 <sup>th</sup> October
Monday	10 <sup>th</sup> October
Friday	14 <sup>th</sup> October

**Flu clinics between 10.30am and 12.30pm will be held at Shap on:**

Wednesday	5 <sup>th</sup> October
Wednesday	12 <sup>th</sup> October

**Please call in or telephone us on 01931 716230 to book your vaccination appointment.**

## “Macbeth - the High School Musical”

Sound a bit strange?

Well it certainly was different.

The three witches were High School bullies, well two were, and third was a glove puppet! (it was a very small cast) Duncan - the King in Shakespeare's original play - became the Head Boy and Macbeth plotted to take over his place. It was played for laughs and very well done. It made the 16<sup>th</sup> century text come alive for a modern audience and made much more sense to them in this modern setting. The cultural references, albeit American rather than British, the talk of mobile phones and bike sheds, we could all understand without recourse to foot notes or a study guide. A group of school age youngsters were sitting along from me and, although not your usual audience for Shakespeare, were really enjoying it. They were laughing at it and following its story in the same way that the original Elizabethan audience would have done.

I know that some people feel that this is not the way that we should present Shakespeare and call it “dumbing down”. I remember my first time at the theatre in Stratford being very disappointed when the RSC did “Taming of the Shrew” in modern costume with a motorbike. Nowadays I have seen enough theatre, thanks in part to “Highlights”, to think there is occasion for both the original words and settings and these new interpretations. They appeal to different audiences and world is big enough for both. Either presentation, if well played, will tell of people convincing themselves of their right to power and influence at the expense of others. Both may appeal to different audiences and then there are folk like me who enjoy both. For me what really matters is that they entertain while still made a powerful point.

The worship in our local church and chapel congregation in the cafe have another very special story to tell. They too tell that story these days in different ways. Some services are traditional using formal language and costumes; relying on dignity and awe to bring the congregation nearer to God. Others are in modern language and use power point and modern musical arrangements to provide an atmosphere of enthusiastic worship and a more visual presentation. Some, like our monthly service in school, start with crafting play dough models or building an Easter Garden or lighting a bonfire. All are different styles or celebrations but it is the story that is told that matters.

If you have not been to church or chapel for a while why don't you come along and see what we do? We have some Special Services advertised in other parts of the magazine; Remembering (30<sup>th</sup> Oct.), Remembrance (13<sup>th</sup> Nov.), Confirmation (20<sup>th</sup> Nov.) and we have other less traditional services too. The important thing is that we have a story to tell that I am sure will really interest you. Do come.

*Beverley*

## '100 years ago' - from The Herald – July & August 1911

September. Fine, warm; the drought continued.

In the Workhouse, late August, 15 residents, and 115 tramps passed through, 45 fewer than August 1910. Mrs. Wheatley, Kirkbank House, Shap, was thanked for her parcel of magazines for the inmates.

The Gayle Entrance land, proposed to be sold—more delay, this time by Mr. Betham, a Penrith solicitor who wrote twice saying that his wife is due part of the proceeds.

Shap Show had rain am, fine after, went well.

West Ward Rural District Council is to buy a new Living-van from W. Robinson, Penrith supplier.

The Vicar of Shap preached at Bampton Church's Harvest Festival, Friday evening 2nd. On the previous Saturday there was a big funeral at Shap for Mr. Anthony Wright, 60, farmer's son from Bampton, thence to Rayseat, his family's ancient farm. He married one of the Miss Browns of High Winder. Was C of E and Tory.

Cricket; Shap 101 for 6 declared; Penrith Thursday XI, 70 for 7. Played on a Thursday, (Thursday was Penrith's ½day then. These were shop assistants, etc.)

October. Fine, warm, dry, till 26th (wet and snow on tops).

The railway lengthsmen for Shap Summit to Tebay for over 60 years, who helped build the line from Grayrigg Station to Bessie Gill (North of Thrimby) as a boy in 1845, has died aged 84, Mr. Joseph Ratcliffe, Low Moor Cottages near Tebay. Retired 9 years ago.

Shap's Workhouse Guardians agreed to supplement the 6d a day pay, the GPO gave the Shap postwoman. She has a 4-mile round on foot, in all weathers, 6 days a week.

Mr. J. S. Briggs is leaving Shap for Appleby. He was the main means of getting Shap a recreation ground. On Saturday 7th, in the interval in the Shap v. Castletown (Penrith), football match, Shap CC and Shap FC presented him with an inscribed marble clock, telling him that Appleby's not that far away so come back and see us.

In Shap Workhouse were 14 residents and 115 tramps (down 23 on late October 1910).

Shap Urban District Council heard that only 9 have enrolled for the Evening Schools, a disgrace for a place the size of Shap. Shap's street lights are to be turned off at 10.30pm. The Station Temperance Hotel says its water pressure is low. The Shap Hirings will be on Martinmas Monday (ie. Monday nearest 11th November). The Council hopes work masters will come than the few last year. Wanted - a Joiner. Must be steady, country preferred. - J. G. Lewis, Shap.

Died at Wet Sleddale, 27th September, of Brights Disease, Maggie Atkinson, 9 years 10 months, deeply lamented.

Wanted, wintering for 50 Black Faced hogs, also turnips for 70 Black Faced wethers. - Barnett, Sleddale Hall, Shap.

*Jeremy Godwin*

## Get snapping and enter Cumbria Wildlife Trust's autumn/winter competition for amateur photographers

The categories are: Autumn and winter:

1. On Cumbria Wildlife Trust's nature reserves
2. Wildlife portraits
3. Wildlife in your garden
4. Flowering young photographers 11-17 years
5. Budding young photographers 10 years and under

Entries close Thursday 10th November

Full terms and conditions can be found at the Trust's website at

<http://www.cumbriawildlifetrust.org.uk/christmas-card-photograph-competition.html>

or contact Lucy Graham 01539 816300 / 01228 829570

## SHAP C E PRIMARY SCHOOL

### ADMISSION TO SHAP SCHOOL NURSERY

**APRIL 2012**

If your child was **born** between

**1st January 2009 and 31st March 2009**

they are eligible to receive **free nursery education from April 2012.**

In Cumbria a part-time nursery place is funded for every child from the term after their third birthday. This gives a year or more of nursery education prior to a child being old enough to start school in the Reception Class.

A part-time place is five half-day sessions..

- **The closing date for applications is 6<sup>th</sup> January 2012**  
**Sessions will be allocated according to date of application**

Application form/further information is available from:

Mrs Sarah Caton (School Administrator)

Shap CE Primary School, Shap, Penrith, Cumbria. CA10 3NL

Tel: 01931 716274

## 100 Club Winners

July = Mrs A Barnett \* Malcolm Mossman \* Lily Pattinson

Aug = Alison Mott \* Kerry-Anne Hunter

If anyone is interested in joining the 100 club, where the prize is £100 every two weeks, can they please contact ;

Sarah Caton at the school - 01931 716274

**PLEASE TRY AND SUPPORT YOUR LOCAL PLAYGROUP  
EVERYONE WELCOME**

**Family sessions 0-5 years:** Monday - Thursday afternoons 1.15 - 3.15 pm  
Tuesday - Wednesday mornings 9.15 - 11.15 am

**3 - 5 years:** Monday morning  
(Child able to be left under the supervision of Playleader)

9 mths - 1 year £1.10    1 - 3 years £2.20    3 - 5 years £3.00  
Tea/coffee 60p

Call in for more details we will be happy to see you,  
tel: 07505879297

**SHAP PLAYGROUP CO-OP DIVIDEND NUMBER 2512**

**YOUTH CLUB/PLAYGROUP/NEW YOUTH CENTRE PROJECT  
LOTTERY WINNERS**

**5th August**  
£100 Glenis Furness  
£30 Tina Carrott

**2nd September**  
Pat Mitchel  
Dennis Lord

**You've got to be in it to win it!**  
**If you would like to try and win £100 please ring**  
**Glenis Furness 716484 for a number**

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**Youth Club/Playgroup/New Build Lottery**

From the beginning of January 2012 the lottery will be expanded to include Shap Swimming Pool. The above committees would like to thank the community and of course our team of collectors for all the support you have given the lottery scheme over the years and we do hope you will be able to continue supporting these 4 community groups through 2012 and beyond. Final cheques will be handed to the 3 groups before 31.12.11. If anyone would like to join the lottery then please get in touch with Glenis Furness on 716484.

**If you would like your child/rens photos taken then book your  
time at Shap Playgroup**

**Friday 4th November from 2pm onwards**

**Early learning catalogues** are in Playgroup now. If you would like to take one home and **order before Friday 14th October** your items should be in Playgroup by Tuesday 1st November  
Playgroup receives 10% of what you order.

**HISTORY IN HOUSES (AND HOSTELRIES) by Jean Scott-Smith**  
**No 53 The Bulls Head**



The Bulls Head, although not one of the ancient hostelries, stands in a prominent position opposite the junction with the road to Crosby Ravensworth.

On this photograph which probably dates from the 1920s the board reads 'Matthew Slee'. He may be the smart gentleman in the doorway.

The 1851 census does not record the Bulls Head, but one licensee was Adam Cooper (I have a tobacco jar bearing his name and the date 1871), and in Kellys directory of 1858 John Askew is named.

*Shappe in Bygone Days* (1904) names James Farrer as parish clerk, and the family owned

the Bulls Head, the inn being rebuilt about 20 years previously (1884). A Joseph Farrer is recorded in the Parish registers as an Innkeeper in 1824 but no location is given.

The 1885 Bulmers directory names Alexander Gemlo. (The church restoration bazaar held on 9th Sept 1898, names a Miss Gemlo as being involved with the running of the choir stall); and the 1930s Shap guide, names R. Skerrett as the landlord.

During the 1940s & 50s Bert and Ethel Kennedy ran the Bulls Head, and they were followed by Alf and Audrey Dodd who continued during the 1950s and early 1960s. The Dodds were followed by Mr & Mrs Thelfall, and I understand that Mrs Thelfall was a school teacher.

During the 1970s Joe and Olive Kennedy were active members of our village, and were followed by Mel and Stella Jackson who later took over the Crown. In the 1980s Mr & Mrs Watmore were licensees, and they were followed by Fred and Pat Humphreys who remained through most of the 1990s.

In the late 1990s, Jean and Joshua Jackson took over the Bulls Head, they made many changes including converting the garage into a restaurant.

The Bulls Head still flourishes under landlady Debra Gee.

## Shap Swimming Pool

September has come around, there's a chill in the air and the covers have been put over the swimming pool once again until next year. We are pleased to report another successful year at the pool with a mixture of swimming galas, school swimming lessons, parties, training events and busy adult sessions. The four lifeguards, Leanne, Ryan, Jon and Beth, have done a marvellous job of looking after our young swimmers and the many volunteers in the shop have ensured that it has run smoothly. Many thanks to Karen Edmondson who has completed the shop rota each week and filled in a good few hours herself when others were away. This year some volunteers have manned the shop for a whole day rather than committing to an hour each week and this has suited some people very well. If you are keen to help in the shop next year then please have a word with one of the committee members and we will be able to accommodate your preferences! Thanks also to Jenny Smith and Margaret Wilcox who open the pool and take the money for the adult swimming sessions each week.

Once again **Shap's Got Talent** has proved to be our most successful and enjoyable fund raiser of the year. For the third year running the Memorial Hall has been packed with adults and children for the event and there is always a great atmosphere on the night. This year we were very lucky to have the added excitement of Dickie Dippinson (of Youtube fame) gracing the stage and being one of our judges for the evening! Well done to all the youngsters who entered the show - you were all amazing. The third prize this year went to Henrietta Cropper who sang a beautiful song about her sheep dogs, which she had written herself, with her dad accompanying her on his acoustic guitar. Second prize went to Dick and Dan (aka Sam Westhorpe and Daniel Holder) with their hilarious stand-up comedy act and first prize to Nirvana Frith with a lovely rendition of 'Price Tag' by Jessie J.. We were delighted to have our first adult entry from Katy Cropper and hope to have even more of you up on the stage next year! The whole event could not take place without the help of John and Douglas from **Up Front Entertainment** of Shap. We are extremely grateful to them for coming along to support this event each year without charging us for their excellent services. **Shap's Got Talent raised over £800** for the pool - thanks to everyone who came to support the event.

Julie Hunter, as the pool Treasurer, knows how hard it is to raise enough money to keep the pool going each year. This year **Julie Hunter and Sandra Kirkby have completed the Great North Run in aid of Shap Swimming Pool funds raising around £600** - Well done and many thanks to you both and thank you to all who have sponsored them.

We hope you have all enjoyed this year's season at the pool and look forward to seeing you all again in 2012.

Shap Swimming Pool Committee

## **Lakeland Dialect Society Saturday 19th November**

The Green Room, Shap Memorial Hall 12.30pm

Bring & Share Lunch

followed by a presentation on the History of Shap by Jean Scott-Smith

**Non members are welcome to attend - no admission charge.**

The Society have just launched a CD of dialect speakers, including the late Tommy Edmondson; 'Crack was Good', priced at £7.50. It is available from the secretary Jean Scott-Smith (716386)

## **Shap Local History Society**

**Monday 31st October 7.30pm** in The Green Room (visitors £3)

**'Inside a Lakeland Farmhouse' - talk by Andy Lowe**

**Saturday 19th November Social Evening**

in the Memorial Hall 7 for 7.30p.m.

**with Ivan Day "Food from Great Cumbrian houses".**

Tickets £15.00 each includes a two-course supper with Ivan's puddings

Tickets from Liz Amos, Jean Jackson and Jean Scott-Smith

## **Highlights Rural Touring - at Shap Memorial Hall**

Lester Simpson presents **'Standing in Line'**

**Sunday 20<sup>th</sup> November 7.30pm**

Acclaimed singer-songwriter, Lester Simpson will be performing his own tribute to mark the 94<sup>th</sup> anniversary of the battle that killed his great uncle. It is the story of his great uncle's war, powerfully told with songs, stories and visual footage from the collection of Piet Chielens of the 'In Flanders Field' Museum in Belgium. The show also features poems by Wilfred Owen, Rudyard Kipling and Siegfried Sassoon and is performed by Lester alongside well-known north east musician Nigel Corbett and Teesdale performer and artistic director of Blaize Theatre Company, Mike Bettison.

Albert, born 1885 in Nottinghamshire, worked as a butler near Oxford, married a girl from Derbyshire and became a farm labourer. He joined the 'Ox and Bucks' regiment and marched off to war never to return. *Standing in Line* tells his story. The show was commissioned by 'Peace Concerts Passendale' and first performed in the church at Passendale, Belgium.

**Saturday 3<sup>rd</sup> December 7.30pm**

**'The Holly & the Ivy'**

A lively, cheerful, thoughtful look at Midwinter and Christmas through music, song, dance, stories, rituals and customs. The show features accordionist and singer David Oliver, master fiddler Stewart Hardy and brilliant dancer and musician Laura Connolly in a varied show with lots of audience involvement.

**Tickets: Adult £8 / Child £4 / Conc. £7 / Family £18.50 Tel 01931 716273**



### Circle Dancing

Come and try -  
beginners most welcome  
you don't need a partner  
Wednesdays  
Oct. 26th Nov. 2nd, 9th, 16th  
In Shap Memorial Hall  
7.30 - 9pm

Morning sessions from  
Wednesday 21 September in Skelsmergh  
Community Hall., near Kendal.  
For more information contact Miggy Scott,  
website [www.miggyscott.com](http://www.miggyscott.com)  
or ring 01539 728650

### Sportsman's Dinner at Shap Wells with Micky Quinn

Thursday 3rd November  
See back inside cover for more details

Raffle proceeds for  
Church Roof fund



### Derrick's 'Taste of Christmas' Cookery Demo

Sat 12<sup>th</sup> November  
Memorial Hall 7.00pm  
Tickets: £10 - tel 716619  
(includes a copy of the  
recipes)



### "Winter Warmer"

in aid of

### FAMINE CRISIS AFRICA



Saturday 5th Nov  
Mostyn House Orton

10.30 to 11.30  
Coffee & Scones



11.30 onwards

Scrumptious Soups & Puddings !!!  
plus CAKE STALL & RAFFLE



ST MICHAEL'S  
CHURCH

### Christmas

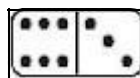
### Fayre

Saturday 26th November  
10.00 am - 2.00 pm  
Memorial Hall

Gift Stalls  
Games Café  
Santa will be in  
attendance 11am - 1pm  
(no charge)



### Dominoes at



7.30pm

Susan Atkinson invites you to a 'Coffee Afternoon' 10-12 Croft Avenue,  
Sunday 2nd October from 1pm  
Adults £2 - children come & play £1



Raffle, clairvoyant, cake stall, bran tub etc.  
New Pampered Chef products  
Proceeds to Breast Cancer Research



### Evergreen

Autumn Sale &  
Coffee Morning  
Saturday 15th October  
Shap Memorial  
Hall  
9.30 - 11.30am

Admission 50p  
including Tea/  
Coffee & Biscuits

Usual stalls, raffles,  
tombola etc.

Everyone welcome



### Ceilidh

Reunion Band  
Saturday 15<sup>th</sup> October,  
7.30pm

Newbiggin on Lune Village Hall  
in aid of Water Aid

Bring and share supper. B.Y.O.B

£6 adults £3 children

Tel. Chris 015396 24258 or  
Thelma 015396 23329

This event is part of the  
BIG NATIONAL CEILIDH  
& organized by the  
Ravenstonedale & Newbiggin  
Folk Dance Club.

COFFEE MORNING AND  
TUPPERWARE  
SALE



Saturday  
29th October  
in Memorial  
Hall

10am - 1pm  
Drawing of Grand Raffle  
proceeds for  
St Michael's

### Shap Playgroup

### Halloween night

Saturday 22nd October  
Memorial Hall  
6 - 10pm

Entertainer/Disco/Bar

See posters for details

### Disco

Friday 18th  
November  
Shap Memorial Hall

Under 8 years 5.30 - 6.45pm  
Youth club age 7 - 8.30pm  
£1 per child



## VILLAGE DIARY

### OCTOBER

Saturday 15th	9.30am	Evergreen Autumn Fair	Memorial Hall
Thursday 20th	2.00pm	M.U. Hearing Dogs	Memorial Hall
Saturday 22nd	6-10pm	Playgroup Halloween Night	Memorial Hall
Saturday 29th	10am - 1pm	Coffee Morning/Tupperware	Memorial Hall
Monday 31st	7.30pm	History Society	Green Room

### NOVEMBER

Saturday 12th	7.30pm	Derrick's Taste of Christmas	Memorial Hall
Thursday 17th	2.00pm	M.U. - E. Walton	Memorial Hall
Friday 18th		Disco - see box ad details	Memorial Hall
Saturday 19th	7.30pm	History Society	Green Room
Sunday 20th	7.30pm	'Standing in Line' (Highlights)	Memorial Hall
Saturday 26th	10-2pm	Christmas Fayre	Memorial Hall
Saturday 26th	7.30pm	Dominoes	Memorial Hall

### CLAIMING DATES

Sat 3rd Dec	7.30pm	The Holly & the Ivy (Highlights)	Memorial Hall
Sat 10th Dec	9.30-12noon	Bowling Club Coffee Morning	The Bower

The PCC of St Michael's would like to thank all those who supported the following events:

The Circle Dance evening which raised £185.25

The Village Flower Show which raised £425.20

CDC Art & Craft Exhibition which raised £137.50

Thank you to the Staff, parents & children of Shap C of E School who supported the Roof Fund with their Harvest Donations which amounted to £164.08.

Thank you to the 'Friends of St Michael's' and helpers who raised a tremendous £1265 at their 'Raise the Roof' event.

Thank you to the organisers of Shap Silly Sports who, despite the awful weather, raised around £200 for the roof fund.

Thank you to Jean Scott-Smith for organising the quiz.(see below)

### Multi Themed quiz for Shap Church roof appeal.

Many thanks to the people in the village who sold quizzes, and all who bought them, we raised an amazing £300! The number of quizzes returned was 40 and there were five all correct answers; these were drawn and prizes awarded as follows: First prize: Mrs Johnston, Crackenthorpe, Runners up: Mr Tony Hall, Knipe and Patrick Neaves, Thornship.

Everyone commented on how they had enjoyed the quiz, and I plan to compile another for later this autumn – look out for it. Jean Scott-Smith

The offertory from St. Michael's Harvest Service & donations for produce amounted to £125. This has been sent to the Famine in Africa Appeal.

## CHURCH NEWS

### METHODIST CHURCH

**Morning service 10.00am** Every Sunday in 'Cream 17' Coffee Shop  
Except 13<sup>th</sup> November (Remembrance Service in St Michael's)

### ST MICHAEL'S CHURCH

2nd October	11.00am	Let's Praise (all age worship)
9th October	11.00am	Holy Communion
16th October	11.00am	Holy Communion
23rd October	11.00am	Morning Praise
30th October	10.30am	Joint Worship at St Patrick's Bampton
30th October	2.00pm	Remembering Service
6th November	11.00am	Let's Praise (all age worship)
13th November	<b>10.55am</b>	<b>Service of Remembrance</b>
20th November	10.30am	Confirmation Service for High Westmorland and Lyvennet parishes
27th November	11.00am	Morning Praise
Wednesdays	10.00am	Holy Communion followed by Coffee & Chat
4th Thursday	2.00pm	Wasdale – short service followed by a chat – all welcome 27th October 24th November

### Other special events in High Westmorland Parishes

Saturday 15<sup>th</sup> October, 7.30pm Ceilidh at Newbiggin on Lune V. Hall for Water Aid

Friday 11th November 7.30pm 'King James Translation of what?' a talk

by Rt. Rev. A. Graham in Bampton Church Hall

Saturdays 8th Oct. and 12th Nov. Farmers Market at Orton, Coffees in Orton Church

### Shap Mothers Union Open Meeting

Thursday 20th October 2pm in Memorial Hall

Julie Ashworth and her 4 legged friend will be there to talk about and demonstrate **the work of 'Hearing Dogs for the Deaf'**  
Bring & Buy - Raffle - Refreshments Provided. All Welcome

### St Michael's Church 'Midweek Mess About'

An informal Christian celebration for families

With Fun, Food, Crafts and Music

2<sup>nd</sup> Wednesday monthly in the school hall

3.15 – 5.00pm

12th Oct. 9th Nov. 14th Dec

For more details contact

Rev Beverley – 015396 24045

Janet Wood – 01931 716273

### Remembering Service

Sunday 30th October

2.00pm

in St Michael's Church

Anyone who would like to join us at this special service to remember loved ones will be most welcome.